



CASPER-NATRONA  
COUNTY HEALTH DEPARTMENT

# WELCOME HOME

A FREE PUBLIC HEALTH PROGRAM FOR FAMILIES  
WITH CHILDREN AGED NEWBORN TO 3 YEARS

Our Welcome Home program provides free support to families with newborns and young children particularly with support for immediate post-partum care and education.

*Our Welcome Home public health nurse home visitation program improves child and maternal health outcomes by reducing rates of child abuse, increasing intervals between pregnancies, strengthening families, enhancing child health and developmental outcomes, and supporting family stability and economic self-sufficiency.*

## FOR MORE INFORMATION

Maternal and Child Health Program

307.577.9778

475 S. Spruce Street | Casper, WY 82601

[CasperPublicHealth.org](http://CasperPublicHealth.org)

*prevent promote protect*



## Program Benefits

- Home visits or office visits for pregnant women, moms, babies, and their families by a public health nurse
- Free weight checks performed by registered public health nurse
- Free lactation (breastfeeding) counseling provided by RN lactation counselors
- Free ASQ-3 child development assessments conducted by public health nurse
- Post-partum counseling and teaching using an evidence-based curriculum (Partners for a Healthy Baby) that covers child nutrition, healthy family relationships, month-by-month developmental milestones, etc
- Referrals to appropriate resources in the local community
- Coordination of services and guidance from post-natal/post-delivery care