



COMMUNITY HEALTH IMPROVEMENT

Wyoming Medical Center
Casper-Natrona County Health Department



April 2019 Update

Work groups for the Community Health Improvement Plan have continually met since January 2019. Stakeholders met on February 15, 2019 to update and brainstorm the progression of each work group. Through a stakeholder's vote, the mental health and suicide work groups would combine to increase the number of participants and expand funding for reaching goals.

Current Work Groups

- Healthy Eating/Active Lifestyle
- Safe/Affordable Housing
- Substance Abuse/Other Use
- Mental Health/Suicide

Possible Goals

Healthy Eating/Active Lifestyle

The Healthy Eating/Active Lifestyle group has been continually meeting every first Wednesday of the month at different locations around Natrona County. This group is led by Mandy Capeda with Wyoming Medical Center. Currently they are beginning the planning of a "Walk With a Doc" program. The program will have doctors in our community that volunteer their time to walk on the Platte River Trail for one mile, once a month.

Safe/Affordable Housing

The Safe/Affordable Housing group has been meeting monthly at the Casper Housing Authority on Durbin Street. This group is led by Kim Wright with Casper Housing Authority. They have a goal of increasing low income housing by adding a total of 30 workforce housing units and 25 low income housing units. The group plans on continuing working together on other goals that may not be included in the Community Health Improvement Plan.

Substance Abuse/Other Use

The Substance Abuse/Other Use group has had two meetings since January 2019. The group is led by Hailey Rodgers from Casper-Natrona County Health Department. The group began review of the most current data on substance use in Natrona County. Most data used was a few years old and not considered current. Through this discovery it was determined that data sharing would be the beginning goal for this group. The group plans to partner with law enforcement and healthcare facilities that will gather current data to share with Casper-Natrona County for reporting/planning purposes.

Mental Health/Suicide

The Suicide group has had one work group meeting along with partner meetings between Wyoming Medical Center and Casper-Natrona County Health Department. Due to lack of funding it was determined the best plan would to continue an already planned project. Wyoming Medical Center has a Zero Suicide Program that plans to implement a “Caring Letters” program. This program works with volunteers from Wyoming Medical Center that write letters to previously admitted Wyoming Medical Center patients who sign up for the program that have a history of suicide attempts/self-harm. The program will begin with Wyoming Medical Center and Casper-Natrona County Health Department. The group plans to implement the project with other facilities after it has been fully implemented at the Wyoming Medical Center.

What’s Next?

Groups will continue working on the final planning of goals for the Community Health Improvement Plan. The Community Health Improvement Plan should have its final draft by July 2019. The groups will continue to meet on a quarterly basis throughout the 3 year implementation.