



CASPER-NATRONA
COUNTY HEALTH DEPARTMENT

BEST BEGINNINGS

A MATERNAL HEALTH PROGRAM

Best Beginnings assures early and continued prenatal care and coordination of services for pregnant women and their families.

Best Beginnings improves birth outcomes, reduces rates of child abuse, strengthens families, and enhances child health and development outcomes, and promotes family stability and economic self-sufficiency.

FOR MORE INFORMATION

Maternal and Child Health Program

307.577.9778

475 S. Spruce Street | Casper, WY 82601

CasperPublicHealth.org

prevent promote protect

Program Benefits

- Home visits or office visits for pregnant women, moms, babies, and their families by a public health nurse for up to 3 years
- Free to all pregnant women and moms
- Pregnancy counseling and teaching using evidence-based curricula (Partners for a Healthy Baby)
- Referrals to appropriate resources in local community
- Smoking, alcohol, and drug use cessation and assistance
- Free prenatal/infant care classes that include First Aid certification
- Coordination of services and guidance from prenatal to postnatal/post-delivery, including infant care, child development, weight checks, and breastfeeding support by Certified Lactation Counselor Nurses

