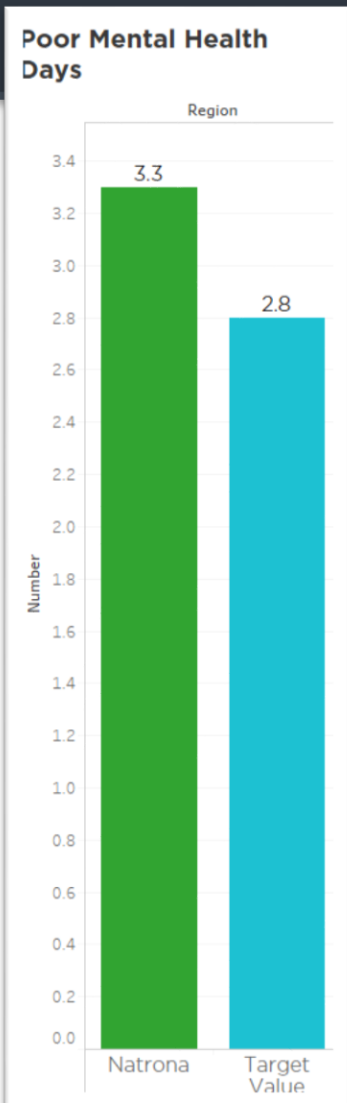
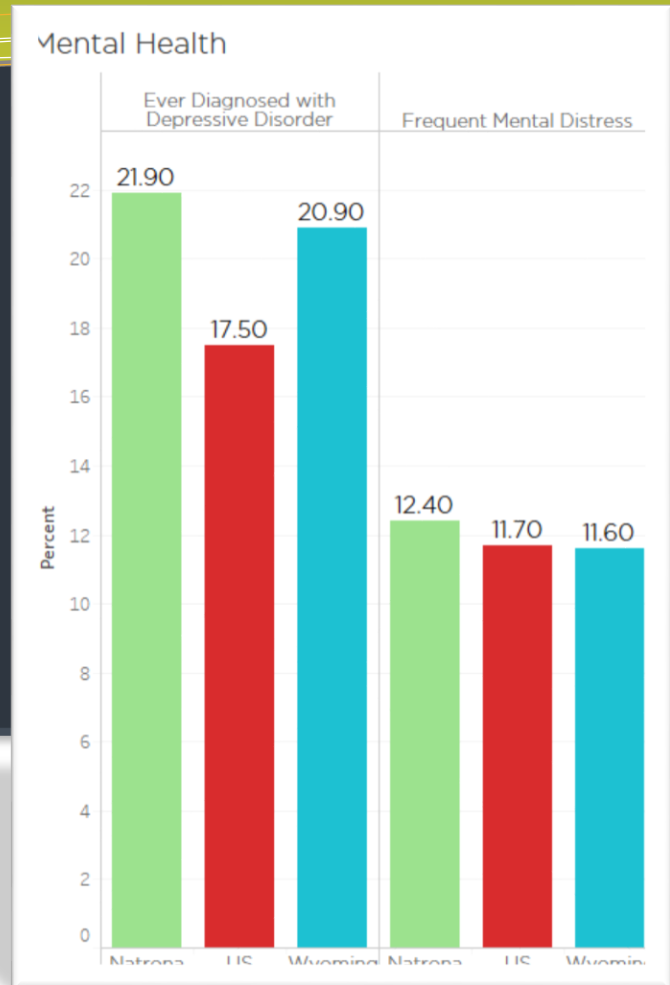
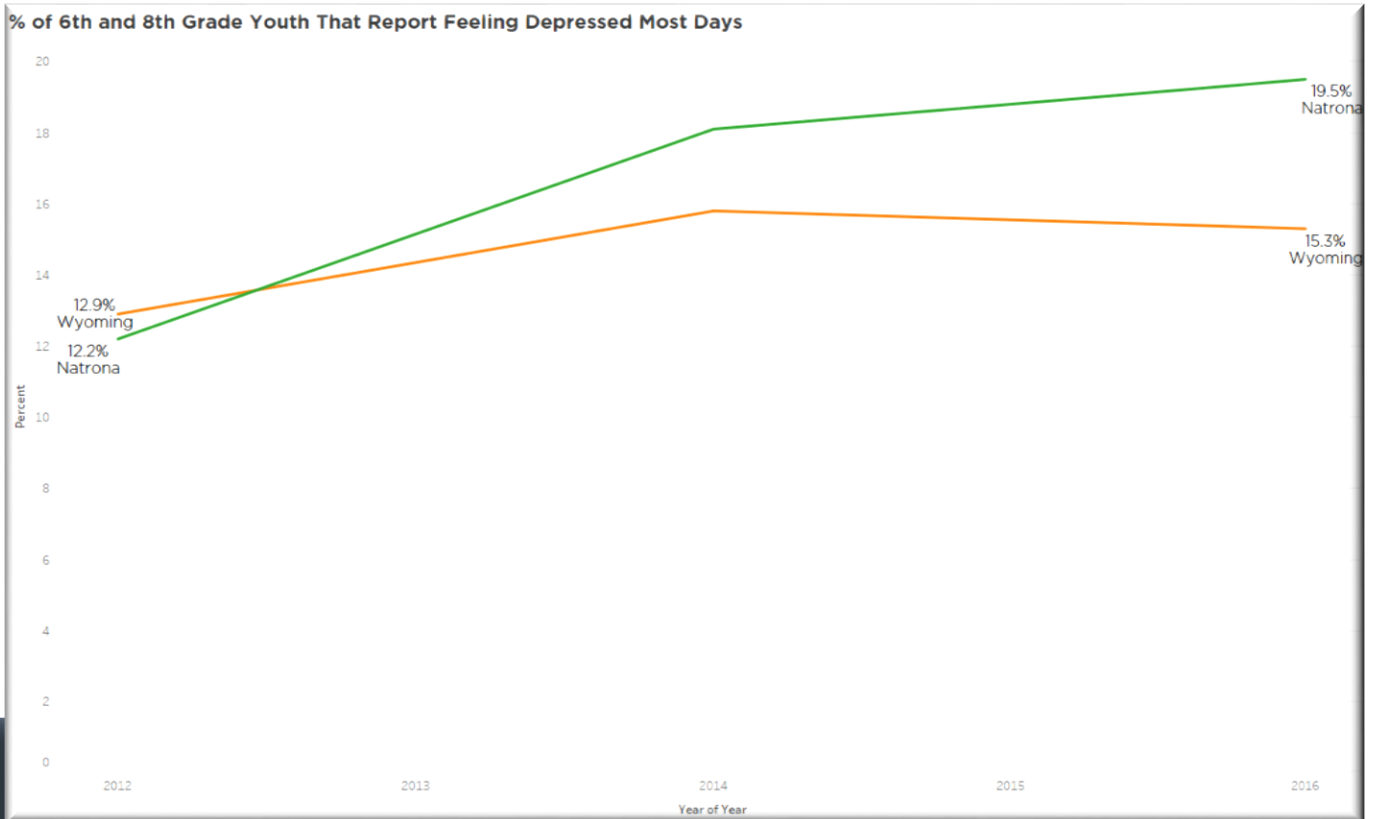


Mental Health

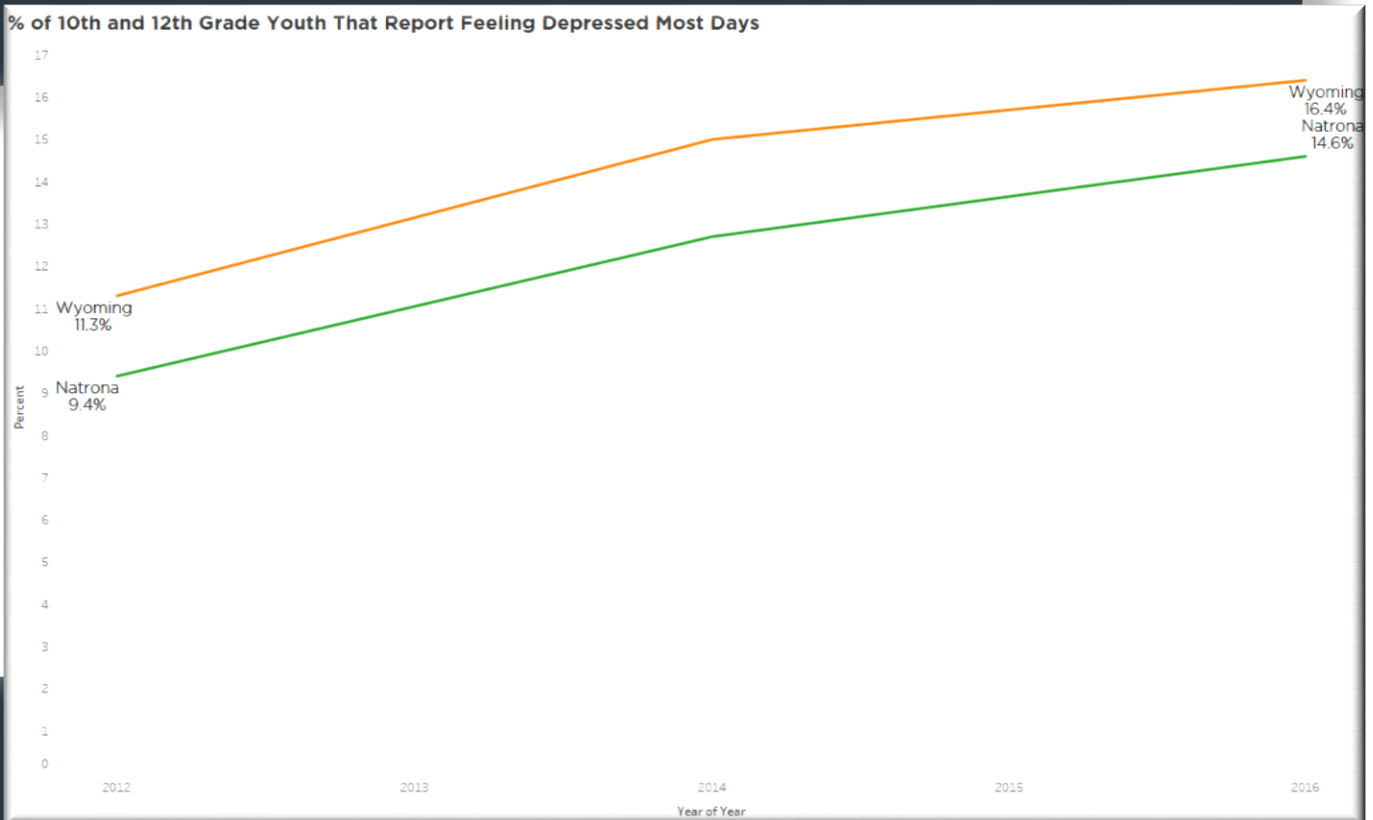
- Natrona has a higher percentage of adults reporting having been told they had a depressive disorder than the United States' and Wyoming's percentage of adults reporting ever being diagnosed with a depressive disorder.
- 21.9% of Natrona County adults report being diagnosed with a depressive disorder and 12.4% of adults in Natrona County report their mental health was not good for 14 or more of the past 30 days.



- Poor mental health days is a companion measure to the poor physical health days reported in the County Health Rankings. This measure is based on survey responses to the question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?" The value reported in the County Health Rankings is the average number of days a county's adult respondents report that their mental health was not good. The measure is age-adjusted to the 2000 US population.
- Overall health depends on both physical and mental well-being. Measuring the number of days when people report that their mental health was not good, i.e., poor mental health days, represents an important facet of health-related quality of life.
- Natrona County has continually had more poor mental health days than the target value since 2014.



- In 2016, nearly 4% more students in Natrona County reported feeling depressed or sad most days than Wyoming middle school students.



- A lower percent of Natrona County high school students report feeling depressed or sad most days than the percent of Wyoming students.

