### Tiered Recommendations for Employers/Businesses and Employees

<table>
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<th>Gyms &amp; Fitness Centers</th>
<th>Normal Risk</th>
<th>Low Risk</th>
<th>Moderate Risk</th>
<th>High Risk</th>
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<tr>
<td>Fitness centers and gyms are open with cleaning guidance</td>
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<tr>
<td>• Space equipment at normal capacity</td>
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<td>• Make cleaning supplies available throughout the establishment and post signs encouraging patrons to clean all equipment</td>
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</tbody>
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Fitness centers and gyms are open with some distancing and cleaning guidance |

- Employees must go through symptom checking before every shift, including temperature. Log must be kept and available for inspection by health department.
- Employees working within 6 feet of patrons should wear face coverings.
- Set an established daily window of time for high-risk individuals to come in without pressure from crowds.
- Limit the number of patrons in the facility at one time.
- 1 person per 120 square feet.
- Remove equipment so patrons maintain 10 feet of distance at all times.
- Make cleaning supplies available throughout the establishment and post signs encouraging patrons to clean all equipment.
- Towels should be provided by staff (not self-serve).
- Showers at the facility are discouraged unless proper clearing can be provided by employees.
- Spas and Saunas must be closed.

Recommended closure of fitness centers and gyms; if open, fitness centers and gyms must have an employee on site at all times and must follow strict distancing and cleaning guidance |

- Employees must go through symptom checking before every shift, including temperature. Log must be kept and available for inspection by health department.
- Employees must wear face coverings; patrons should wear face coverings whenever possible.
- Set an established daily window of time for high-risk individuals to come in with direction from a physician.
- Limit the number of patrons in the facility at one time.
- 1 person per 120 square feet.
- No team or group activities.
- Employees must disinfect all equipment after each use.
- No sign-in sheets, touchpads, or touch surfaces required for entry.
- All lockers must be assigned, and disinfected by employees between each user.
- High-risk individuals are discouraged from using facilities at this time unless directed by a physician.
- Pools should be limited to one swimmer per lane.
- 50% pool capacity, congregating on the pool deck is not allowed.
- Space or close off equipment so patrons maintain 10 feet of distance at all times.
- Towels should be provided by staff (not self-serve).
- Showers at the facility are discouraged unless proper clearing can be provided by employees.
- Spas and Saunas must be closed.

Fitness centers and gyms are closed.